Food	ls Basics – Food, Nutrit	ion & Wellness – p. 266 Name:				
1.	1. Name and describe the three types of ovens. (6 marks)					
2	2. However courses and note different? (1 mark)					
۷.	2. How are saucepans and pots different? (1 mark)					
3.	3. What are the two types of measuring cups? (1 mark)					
	Equipment Review (15 marks	-1				
4						
4.		_To separate solids and liquids such as seeds from fresh squeezed juice				
5.		_ To remove the thin outer layer from vegetables or fruits				
6.		_ To remove skin (pare), cut and slice vegetables				
7.		_ Knife with a serrated or sawtooth edge				
8.		_ To remove food from spoons or sides of bowls.				
9.		To blend, whup and lightly beat ingredients faster than you can with a spoon				
10		_ To measure small amounts of liquids and dry ingredients				
	•					
12	·	_ To cut dried fruit and herbs				
13	·	_ To drain liquids from foods such as cooked pasta or washed fruit and vegetables				
14	·	_ To hold hot foods as it cools				

15	To add flour	_ To add flour and other dry ingredients and to remove lumps			
16	Used to mea	_ Used to measure dry and solid ingredients			
17	To cut fat int	_ To cut fat into flour when making pastry and biscuit dough.			
18	To cut, slice a	_ To cut, slice and chop.			
19. Fill in the Measuremen	nt Equivalents (11 ma	irks)			
Tsp	Tbsp	Cups	ml		
¼ tsp					
7. сор			5ml		
	1/2		7.5ml		
	±/		15		
		1/2	15		
		1			
		4			
		4			
20. Describe how to measure brown sugar. (2 marks)					
21. Define the chop cut (1 mark)					
22. Define the cube cut (1 mark)					

23. Define the dice cut (1 mark)

24. Define the mince cut (1 mark)